

Sai (farms) nature resort, Dalimb Road, Uruli Kanchan, Maharashtra 412202. Phone: 077700 55500

# Checklist of Items for Resident Students

### Study:

### For Std 4<sup>th</sup> 9<sup>th</sup> and 10<sup>th</sup>

- 1. Maharashtra SSC board textbooks
- 2. Navneet Vikas workbooks for each subject
- 3. For Sanskrit cbse books as per standard

### For Std 5<sup>th</sup> to 8<sup>th</sup>

- 1. Ncert text books
- 2. Arihant Publications "all in one" for all subjects
- 3. For Sanskrit cbse books as per standard

#### Notebooks and accessories

- 1. Total notebooks: 12, size: 176 pages (Ruled: 10 + Blank: 2)
- 2. A4 size drawing book 40 pages
- 3. Geometry box: 1
- 4. Pens: 3 with extra refills (only for std 5<sup>th</sup> and above, otherwise pencils)
- 5. Scissor: 6 inch
- 6. Glue
- 7. Good quality sturdy headphones (not earphones)
- 8. Sturdy big size school bag for keeping all the above items safely
- 9. Watch: Casio youth digital black f-91w
- 10. Smart Tablet without SIM Card for standard 5<sup>th</sup> and above. Currently prefer Samsung Tab A9 plus (approx. cost INR 20k). This item is optional if you are not planning to teach coding, canva, computers etc. or if it's beyond your budget.

https://www.samsung.com/in/tablets/galaxy-tab-a/galaxy-tab-a9-plus-wifi-mystic-navy-128gb-sm-x210ndbeins/

Buy a cover and screen guard too.

11. One Study table (bed table type)

Please note that buying these books and items takes time and effort. Do not keep it for the last day of your travel to gurukula.

## Pray

- 1. Bhakti Sastri books: Bhagavad Gita, Isopanisad, Nectar of instruction, Nectar of devotion (English or Hindi)
- 2. Beadbag and beads
- 3. Neck beads two strand (one extra)



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- 4. Full version Vaishnava Song book "Vaishnava padavali" with meaning (Hindi/English)
- 5. Tilak Packs: 2

#### Eat

- 1. Plate + Glass + Spoon: 1
- 2. Water bottle 500ml
- 3. Thermos: 1 litre
- 4. Desi cow ghee: 1 kg
- 5. Chyavanprash: 1 kg (optional) OR Dates: 1 kg (optional)
- 6. Healthy snacks prasadam-homemade laddus, dry fruits, chikki, rajgira laddu etc.

Never give maida/sugar/salty/fried/purchased items. Give homemade, sattvic, nourishing items only.

#### Wear

Ensure plain white, yellow colors, not printed ones.

- 1. White dhoti: 3
- 2. White kurta: 3 Please note it's not red/green/ blue/ yellow etc.
- 3. Uttari: 1 (Give 3 for upanayanis)
- 4. Silk/Pashmina Shawl: 1 white/grey/ash/black color
- 5. Sportswear pants: 2 black
- 6. Plain T shirts: 2 yellow
- 7. V shape underwear: 6 (Kaupin for age 11 and above)
- 8. Cotton towels: 3 easy to dry, below the knee
- 9. Plain Hoody: 1 grey/ash/black (outdoor use, no print or advertisement)
- 10. Sweater: 1 plain
- 11. Muffler/monkey cap: 1 grey/ash/black (wearing at night)
- 12. Sports shoes: 1 durable, good quality
- 13. Chappal: 2 pairs if possible
- 14. Soapnut washing liquid: 5 litres. <a href="https://bubblenutwash.com/collections/laundry-care-1/products/natural-laundry-detergent-5-lits-1">https://bubblenutwash.com/collections/laundry-care-1/products/natural-laundry-detergent-5-lits-1</a>
- 15. Clips for drying clothes
- 16. Spectacles: 1 extra as backup (if needed)

#### Miscellaneous

#### Toilet Kit:

- 1. Soaps: 2 biodegradable non chemical made of natural elements like coconut oil , cow dung, cow urine
- 2. Toothpastes: 2. Vicco powder and toothpaste prefered
- 3. Toothbrush + tongue cleaner: 2
- 4. Single shaving blade packet: Gillette
- 5. Mirror: 1 small for applying tilak



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- 6. Nail cutter: 17. Bucket + Mug: 1
- 8. Sesame oil for Abhyanga: 500ml
- 9. 200 ml spray bottle

#### Sleeping

- 10. Dari: 2.5" x 6" (make sure it is not flimsy and can indeed stop cold from floor affecting the body of sleeping child)
- 11. Mosquito net: 1
- 12. Chatai + Bedsheet: 2.5" x 6" which can be placed inside mosquito net
- 13. Pillow + pillow cover: 1
- 14. Yoga mats: 2
- 15. Shawl or Blanket: 1

### Important Instructions

- 1. Don't give costly pens boxes, dresses, watches etc.
- 2. Write names or put stickers on all personal items.
- 3. If student is under medication, give appropriate locker quantity of medicines and a chit with clearly written prescription to be tagged inside the for ready reference.
- 4. Please ask us before giving anything extra than the list given here.
- 5. Please arrange the tablet to have your son's personal Gmail ID as login and load below apps:
  - a. One Note
  - b. Tiwari Academy
  - c. Khan Academy
  - d. Vedabase (Prabhupada Icon)
  - e. Vaishnava Songs
  - f. Srila Prabhupada Lila
  - g. Drik Panchang
  - h. Vaishnava Calendar
  - i. Google Meet
  - j. MS applications- Word, Powerpoint, Excel etc.
  - k. Adobe Scan
  - l. Musicolet
  - m. Wordweb
  - n. Sambhasana Sabdakosa
  - o. Sanskrit Primer
  - p. Zoom Meet
  - q. Pathyachara App
- 6. YouTube Channels to subscribe:
  - a. Lotus Voice
  - b. Bhaktivedanta\_education



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- c. Tut way
- d. Magnet Brains
- e. Tictac learn English
- f. Topper
- g. Don't Memorise
- h. LearnHub
- i. NCERT
- 7. Most important: Google Family Link: Teacher at Gurukula will have parental controls. Please submit all credentials for login with teacher upon your visit.

  Arrange parental controls (call us on 7770055500 to know teachers who will be having the parental control for a particular standard) on the device.